

AARP Northern NV Events Calendar

Browse our free events and choose any you would like to attend! Please register your email address with AARP (You do not need to be an AARP member to attend our events, but your email address must be registered and opted-in). Visit <u>WWW.AARP.ORG/YES2EMAILNV</u>

- Walk with AARP Age Friendly volunteers every Wednesday at 8am Paradise Park, 2745
 Elementary Drive, Reno. Meet some new friends and get some easy exercise in a great green space. Paradise Park Community Garden volunteer every Wednesday 8a-11a
- **Senior Fest** Largest annual senior resource fair 9/2 9a-2p Reno Town Mall. Reserve a table 775-233-4654 or visit https://seniorspectrumnewspapers.com
- Learn to play shuffleboard and bocce ball, third Saturdays 8/16, 9/20 9a-11a. Contact Donna at donnanorm1@yahoo.com
- Paradise Park Garden -Movement & Tea 9/15 (every 3rd Mon.) 7:30a-8:30a, easy exercise and herbal tea from Reno Food Systems and City of Reno, RSVP 775-351-4771. Holland Project free workshops 9/3 (collagraph printmaking) 5:30p-6:30p RSVP https://hollandreno.org/workshops/
- Champagne Toast to Social Security's 90th Birthday, 8/14, Sierra Arts Foundation, 17 S.
 Virginia St. 4p-7pm Register https://local.aarp.org/reno-nv/aarp-events
- **Visit Reno Food Systems Park Farm** –Visit the farm or join upcoming interactive workshops on growing/using fresh herbs and veggies. Last Sundays, 5pm. Contact Jolene at 775-771-2580 or jolene@renofoodsystems.org 3295 Mayberry Drive, Reno.
- Attend a Connections Central Conversation at Sparks Library on first Fridays at 1pm to meet some new people and share stories in a meaningful conversation. donnanorm1@yahoo.com
- Smart Driver Courses \$20 Fee Register <u>www.aarp.org/findacourse</u>, 888-773-7160
- See AARP resource table at the free monthly Retired Living Truth Series, Reno-Sparks
 Convention Center, in Reno. To register, visit: https://www.retiredlivingtruthseries.com/ or call (775) 432-6398. Resource tables open at 9am, lectures 10a-12:30p
 8/14 "Love, Relationships and Blending Families"
 9/25 "Journey from 'We' to 'Me': Surviving Spouse's Perspective"
- AARP ShredFest –9/6 from 9a-12noon, VFW Post 9211, Reno Battleborn Bunker, 255 VFW Historic Lane, Reno Bring up to 3 boxes of documents to shred

Find hundreds of online classes and activities at https://local.aarp.org/reno-nv/aarp-events or call 877-926-8300 for more information and to register for events.

Contact AARP Nevada at AARPNV@aarp.org or call 866-389-5652.